

THE HERO'S JOURNEY TEMPLATE

The Challenge: Analyze a movie of your choice through the lens of the hero's journey.

- How do the events of your movie fit with the stages of the hero's journey?
- How does the protagonist fit the characteristics of the hero?
- How does the journey itself fit into the hero journey template?

Movie: _____ Protagonist: _____

Steps of the Journey:

Directions: For each step, write what happens in the text and explain how it fits the template.

Ordinary World: (Describe the initial setting of the story):

Call to Adventure: (The hero is presented with a problem, challenge or adventure.)

Refusal of the Call: (The hero hesitates because of fear - something happens to further tempt the hero to take up the challenge.)

Meeting with the Mentor: (Someone to advise or guide the hero is introduced.)

Outside the hero's "normal" world: (The hero commits to undertaking the challenge and agrees to face the consequences.)

Crossing the Threshold of Tests, Allies, and Enemies: (A series of further problems comes along to test the hero along the way.)

Approach to the Inmost Cave: (This is the edge of the most dangerous place in this other world.)

Ordeal: (The hero confronts her/his greatest fear – the height of suspense and tension in the story.)

Reward: (The hero seizes the object of the quest e.g. Knowledge that leads to a better "ordinary" world, a magic key or grail, or an insight.)

The Road Back/Return to the "Ordinary" World: (The hero still has to deal with the consequences of the reward: evil forces might pursue him/her)

Resurrection: (This is the turning point for the hero who is forced to use this new knowledge, skills, or magic object to prevent his/her own "death.")

Return with the Elixir: (The hero returns to the ordinary world with new knowledge, skill, or an object to heal or benefit the ordinary world.)